

MY LONG-TERM GOALS

This is where your BIG ideas happen on paper. Start with your most advantageous life goals in your personal and professional buckets, and double them. Then work your way backwards asking the focusing question: "If there was ONE Thing I could do in the next five years to accomplish my someday goals and make everything else easier or unnecessary..." Use this process to fill in the blanks on your five-year goals. Then focus down further through the same process to arrive at your one-year goals.

1) Someday Goals

Personal

1. _____
2. _____
3. _____
4. _____
5. _____

Business

1. _____
2. _____
3. _____
4. _____
5. _____

2) 5-Year Goals

Personal

1. _____
2. _____
3. _____
4. _____
5. _____

Business

1. _____
2. _____
3. _____
4. _____
5. _____

3) 1-Year Goals

Personal

1. _____
2. _____
3. _____
4. _____
5. _____

Business

1. _____
2. _____
3. _____
4. _____
5. _____